

This route explores the Ochiai district, the central hub of Katsurao Village. Enjoy the distinctively hilly terrain, scenic views, beautifully terraced rice fields and the sound of streams. Start at either Katsurao Village Reconstruction Exchange Center Azalea or Midori no Seseragi-50.

Route Outline



Katsurao Village Ochiai Walking Route - Where Rivers and People Meet

Distance: 4km (approx.)
Terrain: Hills

Scan the QR code to view the map



Route Guide

1 How To Walk This Route

This hilly 4 km route brims with wonders. Enjoy the cherry blossom-lined Romantic Road in spring and the spectacular fields of soba (buckwheat) flowers in summer. The view from above is truly breathtaking. With numerous rivers and streams, this route soothes the mind with the refreshing sound of flowing water.

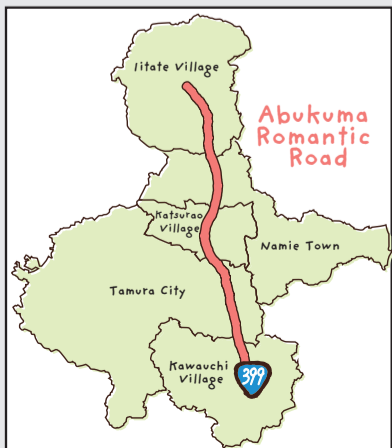
2 Ochiai Walking Route

Katsurao Village is famous for shimi-mochi, a traditional delicacy made by mixing glutinous rice, Uruchi rice flour and gonboppa (wild grasses). Another local specialty is Melty Sheep, a brand of mutton available from the frozen food vending machines at Katsurao Village Reconstruction Exchange Center Azalea.



3 Abukuma Romantic Road

This is the official nickname for the area consisting of Kawauchi Village, Tamura City's Miyakoji Village, Katsurao Village, Namie Town and Iitate Village in Fukushima Prefecture's Abukuma Kogen region on National Route 399.



Footpath website

Katsurao Village Hall
Reconstruction Promotion Office
+81-240-23-5200

Inquiries

Toban Expressway: Approx. 30 min. from Toban-Tomioka Interchange
Ban-Etsu Expressway: Approx. 60 min. from Funehiki-Miharu Interchange

Access

- Take your trash home with you.
- Do not remove plants, animals, crops or flowers.
- Do not trespass on private fields or other property.
- Be aware of wildlife and changing weather conditions.
- Remain on footpaths whenever possible.
- Exercise caution, especially when crossing roads.
- Be respectful of locals maintaining and managing the area, and do not disturb them.

Footpath Manners

Footpath walking offers a relaxing way to enjoy the features of an area. Whether you're strolling solo or with friends and colleagues, this style of walking — which originated in the United Kingdom — allows you to enjoy the natural sights and seasonal scenery as you follow the map. Footpath walking is also a wonderful way to maintain good health and relieve stress.

What is Footpath Walking?

enjoy

Points of Interest



Ishii Shokudo

Located in the shopping street area, the Ishii Shokudo eatery is famous for its generous portions. The most popular dish, fried rice, uses 2.5 cups of rice. But don't worry — takeout containers are available for leftovers.



Open: 11:00-18:30. Closed: Sundays.



Restaurant Kaede

Light meals such as noodles and rice balls and limited quantities of shimi-mochi are served at this restaurant located in Midori no Seseragi-50, a Japanese-style inn.



Please note: Restaurant Kaede is only open on Fridays and Sundays from 11:00-13:00.



Mt. Gojunin

Named after a military strategy developed by Heian-period general Sakanoue no Tamuramaro for conquering northern Japan's Emishi people. The strategy involved seating 50 people ("gojunin") on a large stone at the summit.



Katsurao Village

Footpath Map

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4
7

To Katsurao Daijin Yashiki

Local Culture Preservation Museum

Katsurao Village Hall

To Gyojigataki Falls

Katsurao River

Start and Goal (A)
① Katsurao Village Reconstruction Exchange Center Azalea

① Katsurao Village Reconstruction Exchange Center Azalea
Start and Goal (A)



Find tourist information, rest areas and restrooms here. The frozen food vending machine sells katsurao mutton.

Open: 9:00-17:00.
Closed: Mondays.

③ Shopping Street



Home to a convenience store and Ishii Shokudo, an eatery known for its huge portions.

Yamasa (kiosk)
Open: 7:00-18:00.
Closed: Sundays.

Sub-route

From Midori no Sato Seseragi-so

This pleasant sub-route begins behind Midori no Sato Seseragi-so, following a natural path of earth and fallen leaves, and passes by the junior high school grounds before bringing you back to town.

⑤ Midori no Sato Seseragi-so

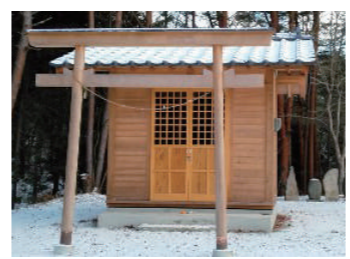
Start and Goal (B)



Inn and gathering place in Katsurao Village. Day-use bathing and rest facilities are also available.

Open: 11:00-19:00.
Closed: Mondays.
(Or Tuesday when Monday is a holiday.)

⑥ Myoken Shrine



Myoken shrines are found all over Japan, but the one in Katsurao Village honors a deity who protects horses.

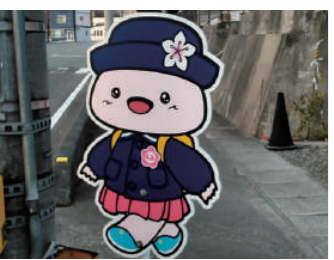
Sub-route: Extended Route

An undulating route that heads south from Myoken Shrine, passing Katsurao Kochoran LLC, an orchid grower, along the way.

Legend:

- Main route (Red dashed line)
- Sub-route (Yellow solid line)
- Other route connections (Green solid line)
- Restrooms (Restroom icon)
- Parking (P icon)
- Restaurants (Restaurant icon)
- Viewpoint (Viewpoint icon)

② Intersection (Viewpoint)



One of Katsurao Village's two traffic lights. The intersection's traffic safety awareness sign features village mascot Shimi-chan.

④ Seki no Matsu Bridge and Soba Fields



Enjoy clear water and pretty soba (buckwheat) fields. Katsurao soba is available at Katsurao Village Reconstruction Exchange Center Azalea.

To Morimori Land, Katsurao Forest Park (campground) and Katsurao Yagi Hiroba Garagara Don (goat farm)

Mt. Gojunin Mountain Trail

Terraced Soba Fields

Katsurao Village Industrial Area

Katsurao Village Revitalization Center

Kofuku Bridge

Yamasa (Kiosk)

Village Sports Field

Katsurao JHS School Building
(The building also holds ES classes.)

Myoken Shrine

Start and Goal (B)
⑤ Midori no Sato Seseragi-so

Mt. Gojunin Mountain Trail

Katsurao Kochoran LLC

To Miyakoji Village, Tamura City

